

Essential Conversations: How to Talk about Difficult Topics during Difficult Times

Presentation by Margie Wood, President & Founder of Unlimited Options

**Thursday, May 11, 2017
6:30 - 8:30pm**

**St. Edward the Confessor Church
569 Clifton Park Center Rd., Clifton Park, NY 12065**



As we age, the impact upon the “critical transitions” of our lives becomes more immediate. Both those who are aging (55 years of age and older) and their adult children and significant family members can prepare to come together to engage in dialogue and problem solving. Either PRIOR to an emergency or at the critical moment, the goal of conversation and communication is to provide support and care. The need for a process or tools in having these conversations becomes essential in handling both the planning and making of decisions and the emotional/relational concerns that often interfere with peaceful implementation.

- Review 10 Essential Questions that need to be addressed by the aging person and family
- Become familiar with the specific tools for implementing such a discussion
- Learn the impact of NOT engaging in these necessary conversations (unresolved conflict and disintegration)
- Understand distinct benefits for elders/family members as they discuss end of life care

Cost: Good will offering

To register, complete & return the event Registration Form, or contact Kelly Grimaldi at (518) 463-0134, email KellyAnn.Grimaldi@rcda.org.





REGISTRATION FORM

“Essential Conversations: How to Talk about Difficult Topics during Difficult Times”

**Margie Wood, President & Founder of
Unlimited Options**

Guest Presenter

WHEN **Thursday, May 11, 2017 6:30 to 8:30 p.m.**

WHERE **St. Edward the Confessor Church, 569 Clifton Park Center Rd., Clifton Park, NY 12065**

Admission to this seminar is free. Good will offerings appreciated.

Name: _____

Parish Affiliation (if applicable): _____

Telephone: _____

Email: _____

Registration forms returned to Kelly Grimaldi, 48 Cemetery Avenue, Menands, NY 12204

To register by phone call 463-0134 or email KellyAnn.Grimaldi@rcda.org